

Abdominal-Sacral Massage

Therapist's Findings:

Name of Client:

Date:

Treatment No.

Is your client: relaxed, nervous, tired, underweight, overweight, talks a lot, seems angry

What is their posture like?

Are the hips in alignment?

What position do you think the uterus is in?

How does the abdomen feel?

Are there any scars?

What do they look like before/after massage?

From the symptoms your client has presented with what do you think could be the cause?

What were your recommendations for treatment?